CAPITAL CITY FENCERS CLUB

Membership Application and Release of Liability

Please Print

| Name of Applicant Last First | | | |
|--|--|--|--|
| Birthdate Month/Day/Year// | | M/F | |
| Address | City Po | ostal Code | |
| Phone Business En | nail | | |
| Emergency Contact | Phone | Relationship | |
| List any medical or health problems | | | |
| This document is an application for membership, which information stated here by the applicant is true and cor acceptance the member will be entitled to use the facilithe safety rules of the Club. Signature of Applicant or Guardian if under 18 | n is subject to accepta nplete to the best of h ties of the Club. He o | ance or rejection by his or her knowledge r she will be expecte | the CCFC. The oned to abide by |
| Release of Liability and Indemnity Agreem By signing this release you will give up certain legal rights, it Re: Membership at the CCFC legally known as Capital City employees, contractors, representatives, officials, agents, at Assumption of Risks I am aware and understand that the use of the club has inhore The following is only a partial list of examples of these risks sustaining rigorous physical activity, travel to and from the office members or bystanders, equipment failure, and other hazar I understand that injuries resulting from such risks are probated fully assume all risks and that possibility of personal injuries the club. Release of Liability, Waiver and Indemnity Agreement I acknowledge that it remains my sole responsibility to act in participate within my own limits. I understand that the rules form are soley for the purpose of regulating myself and othe safety rules (see reverse) and agree to abide by them. In office heirs, next of kin, executors, administrators, and assignees, follows: a) to waive any and all claims that I have against the liability for loss, damage, injury, or expense that I or my legal CCFC. C) to hold harmless and indemnity the CCFC from a third party resulting from my participation as a fencer. Before I sign this release, I read it. I state that I understand certain legal rights, which I may have against the CCFC. | including the right to sury Fencers Club and their and volunteers collective erent dangers, hazards a negligence of other module, collision with mandous materials in the club, death, property dama an such a manner as to be of safety handed downer members of the club. Consideration of my usage collectively called my and all liability for a grant and all liability for a | ir respective directors ely called the CCFC. and risks collectively embers, improper use made or natural objectub. nature of fencing. I fige, or loss resulting from the end of the club, I togethe legal representatives ethe club CCFC from suffer as a result of mny damage or person | called risks. e of equipment, cts or other reely accept and rom activities in own safety and he back of this erstand the her with my agree as any and all y use of the al injury to any |
| Signature of member: | Date: | | |
| Name (please print): | | | |
| Co-signer (if under 18 years of age): | | | |
| Witness signature: | Date: | *************** | |

Capital City Fencers Club Safety Rules

- Never fence at any time without a mask, even when merely practicing strokes with a friend. This may seem obvious, but a number of serious accidents have occurred in recent years (none at CCFC) when this elementary rule has been disregarded.
- 2. Never fence in clothing that is unsuitable for the weapon used. Foil, sabre and epee each have their own protective jackets. However, epee jackets are durable enough for fencing foil and epee.
- 3. Women should wear breast protectors of metal or some other rigid material at all times. A padded jacket will prevent unsightly bruises but without protectors is not sufficient to prevent the danger of injury which may cause serious complications later in life.
- 4. Discard a blade that has been badly kinked, as it is obviously more liable to break. If the blade does not bounce back when bent this is due to metal fatigue and it should not be used.
- 5. Never fence in clothing that is torn or badly worn. This applies particularly to masks which in time become rusty and may have the meshes of the trellis broken or open by dents. If you have any concern over mask safety, test with a punch tester.
- 6. If you are a left-hander never fence in equipment made for a right-hander or vice versa. A fencing jacket may have the necessary reinforcement over the upper arm, armpit and breast on the sword arm side only.
- 7. Never walk holding the sword by the grip. Always walk holding the sword from the foible. Keep the point down!
- 8. Wear a good protective glove on the sword arm. Epee gloves are good for the three weapons.

M. Yonas Sadek January 19, 2004.